



RATIONALE -

For our senior swimmers, this meet is all about providing an opportunity to set up the Long Course race skills early in the year before taking on the Waikato Summer Championship Meet and the National Age Groups. It's also a good opportunity for our Division II (Short Course) swimmers to get some quality race opportunities.

For our junior swimmers, it's another great opportunity to practice racing in a World Class Long Course facility that's close to home.

ELIGIBILITY -

- This event is for **COMPETITIVE** and **CLUB** swimmers who are registered in the SNZ database and are financial as at the date of the meet.
- Swimmers have the opportunity to gain qualifying times for Regional, Zonal and National Meets.
- Age as at first day of meet 1 February 2019
- There is no limit to the number of individual entries, although the Technical Director reserves the right to restrict event numbers if entries exceed the nominated timeframe.
- There is no qualifying period for this meet.
- Entry times long course. Times may be converted from SC times.
- Individual entry times will be generated by the SNZ Database. Approved and unapproved performances from Regional and Local meets, where times are held in the database, will be eligible for use to enter this meet.
- There is no limit on entries from clubs outside the Waikato region
- "NO TIME" will not be accepted.

ENTRY PROCESS -

- ENTRY FEE: \$9.00 per event
- Entries for Individual events will be online through MyPage on the SNZ membership database.

 Online entries will open at **11am on the 1st of December 2018** and <u>close at **11.59pm on Sunday 20**</u>

 January 2019
- Late entries will be accepted up until the date that the FINAL meet programme is available on the Swimming Waikato website. Late entries will incur a fee of \$50.00 per swimmer which must be paid to Swimming Waikato prior to the start of the meet—12 3122 0312567 00.
- Technical Director: Stu Woods
- All enquiries to Rachael Thomas swentries@gmail.com

MEET CONDITIONS -

- The meet will be conducted under Swimming New Zealand's 'SNZ Regulations and Bylaws and FINA Rules', except where local meet rules and conditions apply.
- All participants must agree to comply with the Sports Anti-Doping Rules.
- Athletes who hold a Para Classification are eligible to participate in this programme (under IPC Rules)
 and will be seeded amongst able-bodied athletes on the basis of entry times. It is the responsibility
 of the athletes (or their Team Manager) to show the Referee their IPC Classification before they
 swim. The Referee will use their best efforts to judge the swim under the applicable IPC Rules
- Swimmers with strapping must provide documentation from a relevant registered health practitioner or physiotherapist and be reviewed by the Technical Director prior to swimming. Any swimmers without such documentation will not be permitted to swim.
- Participants who have entered this event agree to allow photograph, video, multimedia or film likeness taken by accredited photographers to be used for any legitimate purpose by Swimming Waikato, a club affiliated to Swimming Waikato or local media.



PSYCH SHEETS / MEET PROGRAMME —

- Psych sheets will be circulated to club recorders and coaches, and by email to all competitors who have entered the meet. Competitors are responsible for checking names, entries and events are correct on receipt of information and advising Swimming Waikato of any errors by Thursday 24 January 2019. Corrections will only be made to entries where errors have occurred. Final psych sheets will be posted on the website and sent out a minimum of three days before the start of the meet.
- This is a paperless meet. The meet programme, along with a timeline (guide only) will be uploaded to the Swimming Waikato website and forwarded to club recorders and coaches, and by email to all competitors, at least three days prior to the start of the meet.

COMPETITION INFORMATION -

- Access to this meet will be via the main entrance at Waterworld.
- Waterworld charges a \$2.00 entry fee for spectators.
- Team Coaches, Managers, Officials, Timekeepers and Swimmers are exempt from this charge.
- Reseeding may be done at the discretion of the Technical Director.
- Over the top starts will apply for all events.
- Please exit the pool at the side. Do not swim over the lane ropes.
- Entry into the pool for backstroke events will be feet first. No swim back permitted.
- Events will be run as mixed gender and timed finals.
- Technical Race Suits for junior swimmers (aged 12/U) are banned for this event.
- Marshalling Procedure—

Self marshalling will be employed during all events.

• Warm Up Procedure—

Lane 1 shall be for Para swimmers (if applicable) and Lanes 7 and 8 will be sprint lanes for the dura tion of each warm-up.

Results—

Results will be posted as soon as possible on the notice board in the complex. Live results will also be accessible via Meet Mobile where the internet connection allows.

<u>Team Managers Meeting</u>—

A Team Managers meeting will be held at 7.45am on the morning of Saturday the 2nd of February. Each club is asked to have at least one representative at this meeting to ensure all information is delivered back to the swimmers.